



HEAT STROKE

SYMPTOMS

- Dizziness & headache
- Muscle weakness
- Nausea and vomiting
- Rapid heartbeat
- No sweating
- Red, hot, and dry skin

PREVENTION

- No Alcohol
- Don't wear thick clothes
- Drink enough water
- Sunblock
- Don't work alone
- Get shade when needed

Always notify co-worker or supervisor if you begin to feel symptoms of heat stroke



EMPLOYEE SPOTLIGHT: HECTOR PEREZ

Hector has worked for Peterman Lumber since May 19, 1997. He is the Mill Liaison. His job is to follow the molding orders from start to finish.

Hector always has a smile on his face and willing to help out where needed. Thank you for the 20+ years of service to PLI.

BIRTHDAYS:

Fontana:

- 6/4—Tony Menden
- 6/6—Martin Gibbens
- 6/10—Andrew Nelson
- 6/10—Mynor Monzon
- 6/13—Edward Florian
- 6/18—Esteban Rodriguez
- 6/25—Kerrie Natemeier
- 6/28—Randy Bolton



Phoenix:

- 6/1—Miguel Argueta
- 6/6—Gilbert Cervantez

Las Vegas:

- 6/10—Joshua Olmedo
- 6/15—Steve Jones
- 6/15—Jerry Green
- 6/17—Brandon Guzman

Not saying lumber prices are getting out of hand but I was thinking of building a birdhouse but the bank turned down the loan.

ANNIVERSARIES:

- Sally Martinez—6/6/2011
- Phil Lopez—6/10/2020
- Mike Elack—6/15/2020
- Mike Kotarba—6/22/20
- Tony Menden—6/29/2015